



Condor Gear List

Essential Equipment

- 1 large or 2 medium pieces of luggage:** backpack, sports bag, suitcase - or similar. See W Trek below
 - Daypack:** used for day trips and on the bus, but not on the multi-day hike. Should be well fitting with supportive shoulder straps and a waist-strap. Should be large enough for your raincoat, fleece, camera, wallet, water and a packed lunch (~30L/2,000 inches³)
 - Collapsible sports bag:** for storing excess gear in while hiking the W Trek (stored in Puerto Natales)
 - Hiking poles:** strongly recommended for knee support and added stability during our multi-day and day hikes
 - Hiking boots:** required for most days of the trip. Should be comfortable, worn-in, sturdy and have a solid tread and good ankle support
 - Trail runners/running shoes:** required for cycling, casual wear, and if your boots are wet!
 - Water sandals/flip-flops/tevas:** or similar. For sea kayaking and to wear at night on the W Trek
 - Waterproof rain jacket/shell:** a breathable shell jacket with a hood. Something which keeps you dry when active is recommended. Ponchos are unsuitable
 - Waterproof rain pants:** for active rainy days
 - Down/fleece jacket:** something nice and warm for cold days/nights
 - Wool sweater/fleece:** 2-3 light or medium-weight tops to wear while being active. If you get cold easily you might prefer medium-weight ones
 - Long-sleeve shirts:** 3-4, more quick-dry, less cotton
 - Shirts/t-shirts:** 3-4, more quick-dry, less cotton
 - Trousers:** 3-4 pairs, some quick-dry pairs for activities and some thicker pairs for cooler days
 - Shorts:** 2-3 pairs, one quick-dry pair for kayaking
 - Thermal underwear:** 1-2 top and bottom sets of polypropylene underwear for hiking and kayaking
 - Socks:** enough for one week. Some good quality hiking socks, some warm, some casual
 - Underwear:** enough for one week
 - Pajamas/nightwear:** or similar
 - Warm hat:** wool/fleece ski hat, or similar
 - Warm gloves:** wool/fleece gloves
 - Sun hat:** baseball cap, or similar
 - Sunglasses:** with a retainer strap if you have one
 - Swim suit:** for sea kayaking and swimming
 - Travel towel:** for sea kayaking and hot showers during the W Trek!
 - Water bottle/bladder:** 2 x 1 litres, or similar
 - Headlamp/flashlight:** required for the W Trek. Headlamps are preferable to flashlights
 - Alarm clock:** only some hotels have them
 - Camera:** memory cards and batteries/charger
 - Insect repellent:** bring more rather than less
 - Sun-block:** SPF 15 UVA/UVB broad spectrum is recommended. Bring more rather than less!
 - Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, shaving gear, feminine hygiene products etc. *[Only some hotels provide these so it's best to bring your own - your preferred products/brands may not be available in Patagonia].*
 - Personal first aid kit:** for any essential items that you know you'll need e.g. blister treatment if you are prone to blisters *[Your trip leader will carry a group first-aid kit but it's best to bring one of your own too]*
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Your W Trek:

- Large trekking backpack:** required for the multi-day W Trek. Your backpack should be around 50-60 litres/~4,000 cubic inches and have well-fitting waist and shoulder straps. If you have your own backpack that you know works well, we recommend bringing it along - it can double as a piece of your luggage *[Rental backpacks:US\$35/item]*
- Sleeping bag:** required for those chilly nights on the W Trek. If you have your own sleeping bag that you know will work well, we recommend bringing it along (rated down to at least ~0°C/32°F) *[Rental sleeping bags:US\$35/item]*
- Backpack liner/cover:** to keep your belongings dry inside your pack if it rains. Rental backpacks do not include one so if you're renting you may like to bring along a trash bag or two for this purpose
- Sleeping bag liner:** useful for added warmth and hygiene. NOTE: Rental sleeping bags do not include liners so you may wish to bring one along

FABRIC NOTE! We recommend quick-drying, wicking fabrics such as Patagonia capilene, Icebreaker merino, or other specially designed fabrics for this trip. If you're not sure what a quick-dry fabric is, ask at your nearest outdoor store. While you can bring some cotton, denim and other non-wicking fabrics on this trip, be aware that they won't be easy to wash or dry. **We suggest 2-3 sets of quick-dry gear per person**

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GEAR NOTE! If possible, bring lighter weight gear rather than heavier gear, without compromising on quality. If you're not sure what anything is, or what we mean, please ask at your nearest outdoor store, or just ask us! We want you as well prepared as possible for your trip – for your own comfort and everyone's safety!

Essential Documents

- Passport and waterproof passport wallet:** your passport should be valid for at least 6 months beyond the dates of your trip – please check!
- Spending Money:** US\$ cash, Chilean and Argentinean Pesos, credit/debit cards with a pin number for cash withdrawals
- Money belt/pouch:** for safe storage of cards, valuables or larger amounts of cash
- Air tickets and itinerary:** your international and domestic itinerary and air tickets
- Travel insurance:** your policy and the insurance emergency contact numbers
- Condor Trip Itinerary:** print out and bring with you on your trip
<http://www.activesouthamerica.com/PDF/Condor.pdf>
- Condor Trip Summary:** we'll send you an email reminder to print it out and bring it with you on your trip. It has any emergency hotline numbers you'll need and information about where to meet your group

Recommended Optional Items

- Casual clothes:** if you'd like bring a nice skirt/shirt to wear out to dinner, please do!
- Cycle shorts and gloves:** if you have your own cycling shorts and cycling gloves we recommend bringing them for maximum comfort. Helmets are always provided
- Neoprene socks:** to wear while sea kayaking. If you have some bring them along!
- Energy snacks and drinks:** while snacks will be provided you may like to bring some along too, especially if you have a preferred brand or special dietary needs
- Camp pillow:** pillows aren't provided on the W-Trek so bring a camp pillow or use your fleece
- Hairdryer:** only some hotels have them
- Ear plugs:** recommended for the W Trek and for light sleepers during hotel stays
- Adapter plug:** if your home country doesn't use a 220 volt AC system and/or the plug type shown in the box, you might need an adapter
- Laundry detergent/string/pegs:** If you prefer to hand wash your technical fabrics
- Clothes line**
- Hand Santizer**
- iPod/mp3 player**
- Binoculars**
- Pocketknife**
- Reading materials**
- Spare shoelaces**



Provided Items

- W Trek:** Our basic accommodations have bunk-style beds with simple mattresses and showers are provided, which is why you only need a sleeping bag, sleeping bag liner, camp pillow and camp towel
- Sea kayak, paddle, life jacket and spray skirt** - all necessary safety gear
- Mountain bike, helmet and repair kit**

PACKING NOTE! The items and amounts on this list are intended as a guide for an 14-day Condor trip, allowing for good and not-so-good weather and for doing laundry once during the trip. We anticipate that you'll also be using your own common sense while packing: adjusting for your personal preferences, how travel-friendly your clothing is and the length of your travels overall. Happy packing!