



GEAR LIST: JAGUAR

ACTIVE SOUTH AMERICA - ACTIVE NEW ZEALAND – ACTIVE AUSTRALIA
Worldwide +64 3 450 0414 - Freephone UK 0808 234 7780 – Toll Free US/Canada 1 800 661 9073

ESSENTIAL ITEMS

- Daypack or book bag:** or similar (approx 30 litres). Large enough for water, lunch, raincoat, camera and fleece. Used on the Inca Trail if hiring a porter and as an overnight bag for the Amazon & home-stay. Excess luggage will be stored securely for you during these times.
- Large suitcase or sports bag:** or similar. One suitcase up to 28" per person. See notes below on how the Inca Trail works below.
- Large trekking backpack:** required for the Inca Trail trek. Not required if renting a large backpack or hiring a porter. Must be at least 60 litres/3,500 cubic inches & well fitting. See notes below on how the Inca Trail works.
[Rental large trekking pack: US\$25/item/trip]
[Porter hire: US\$45/trip. Limited availability!]
- Sleeping bag:** required for the Inca Trail trek. Must be rated down to at least ~0°C/32°F.
[Rental sleeping bag: US\$25/item/trip]
- Sleeping mat:** we'll provide you with a basic foam mattress while you're on the Inca Trail. If you have a high quality sleeping mat we recommend bringing it (e.g. Therm-a-rest).
- Hiking boots/shoes:** with good ankle support & solid tread. Required for hiking and cycling. Comfortable & worn-in!
- Sandals/running shoes:** for kayaking, casual wear and at night on the Inca Trail.
- Rain jacket:** a waterproof, breathable jacket with a hood, to keep you dry if/when it rains
- Waterproof trousers:** Don't need to be as waterproof as your jacket.
- Wool sweater/fleece:** one lighter weight to wear while being active, one heavier weight for at night (or a down jacket if you have one)
- Shirts/T-shirts:** 5-7 shirts. Some active, some casual, some short/long-sleeved. At least two lightweight cotton (for Amazon rainforest) (F)
- Long pants/trousers:** 1-3 pairs, one lightweight pair for jungle. Zip-off ones that convert into shorts are very convenient! (F)
- Shorts:** 2-4 pairs, at least one quick-dry pair
- Cycle shorts:** one pair is recommended. (F)
- Thermal underwear:** 1-2 sets of thermal/polypropylene underwear – both top and bottom – for at night on the Inca Trail. (F)
- Underwear sets:** 5-7 pairs, at least one quick-dry pair is ideal (F)
- Socks:** 5-7 pairs. Some warm, good quality hiking socks, some casual. (F)
- Pajamas/nightwear:** or similar
- Swim suit:** for the Aguas Calientes hot springs and to wear while kayaking.
- Camp Towel:** towels are provided at hotels, but you'll need one for hot springs & kayaking
- Warm gloves:** wool/fleece gloves
- Warm hat:** wool/fleece ski hat, or similar
- Sun hat:** baseball cap, or similar
- Sunglasses**
- Water Bottles:** at least 2 x 1 litre/quart containers (or hydration system if preferred) are required for the Inca Trail.
- Torch/flashlight/headlamp:** or similar, required for the Inca Trail and home stay
- Camera:** plus film/memory cards & spare batteries and/or charger
- Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, razors, feminine hygiene products. If you have preferred medication brands, it's best to bring them from home as brands vary in Peru.
[Some accommodations provide toiletries but some don't - best to bring your own].
- Hand sanitizing gel:** Essential for good hygiene in Peru.
- Personal First Aid Kit:** For any essential items that you know you'll need (e.g. blister treatment if you are prone to blisters) *NOTE!* High-grade blister products (e.g. Second Skin) are unavailable in Peru.
- Sun-block:** SPF 15 UVA/UVB broad spectrum minimum recommended.
- Insect repellent**
- Money belt/pouch:** for valuables while in transit. Otherwise keep in the hotel safe.

(F) **FABRIC NOTE!** If possible, your active clothing should be made from quick-drying, wicking fabrics such as merino, polypropylene or some other specially designed fabric. If you're not sure what a quick-dry fabric is, ask at your nearest outdoor store. Cotton, denim & other non-wicking fabrics are not recommended as they retain water (rain/ perspiration) when wet which leads to cold & discomfort. **We recommend 1-2 sets of quick-dry gear per person.**



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ESSENTIAL DOCUMENTS

- Passport with 6 months validity:** If your permits were booked with your old passport, be sure to bring both passports with you!
- Travel Insurance papers**
- International and domestic air tickets**
- Jaguar Itinerary & Trip Summary:** printed from your online booking page two weeks before departure

OPTIONAL ITEMS

- Walking poles:** On the Inca Trail authorities require pole points to be rubberised or covered in duct tape. Inexpensive wooden sticks can also be bought from locals at the start of the trail.
- Water treatment tablets:** Bottled is provided at all times, except on the Inca Trail where boiled water is provided each morning. If you wish to drink tap or stream water be sure to treat it well first.
- Energy snacks and drinks:** your favourite brands might not be available in Peru.
- Ear-plugs:** recommended if you're a light sleeper on the Inca Trail.
- Camping pillow:** Can make life a little more comfortable on the trek!
- Adapter plug** (Peru's voltage is 220 volts)
- Books/Reading materials**
- Alarm clock/Binoculars/Hairdryer**

PACKING FOR THE DIFFERENT SEGMENTS OF THE TRIP

The following mini gear lists are designed to assist you with packing for the different segments of the trip, or seeing what you do and don't need if you're on a shorter than 14 day trip. Please read the following information carefully and then print off the last page to bring with you on your travels.

EXCESS BAGGAGE: For each distinct segment of the trip you'll pack what you need for that segment only, and everything else that you don't need will be stored securely for you at your hotel:

Inca Trail Classic/Lares: Excess gear will be stored at your group's Cuzco hotel

Amazon Jungle: Excess gear will be stored at your group's Cuzco hotel

Lake Titicaca: Excess gear will be stored at your group's Puno hotel

PASSPORTS AND THE INCA TRAIL: If your passport details are incorrect, or if you forget to take your correct passport on the Classic Inca Trail, the National Park authorities will refuse you entry onto the Inca Trail. Please check your online booking page VERY carefully to make sure that the full name and number provided is correct and, if there are any problems, please let us know immediately, so we can see if we can remedy the situation. If errors aren't identified until the morning that you check-in to start the trail, there is nothing ACTIVE SA can do.

I'm hiring a porter on the Inca Trail – how does the packing work?	I'm carrying my own gear on the Inca Trail – how does the packing work?
The night before you hit the trail, we'll give you your "porter sack" to put up to 9kg/18lbs of Inca Trail overnight gear into (including your sleeping bag and sleeping mat). Your Inca Trail day gear will go into your daypack (e.g. water, raincoat, fleece, camera, personal items). Your non-Inca Trail gear will get left in your large suitcase or sports bag and stored securely at the Cuzco hotel	The night before you hit the trail, you'll pack all your Inca Trail gear (including your sleeping bag and sleeping mat) into your large trekking pack. Your non-Inca Trail gear will get stored securely at the Cuzco hotel. If you're using your own large trekking pack, you can either store the excess gear in your daypack, or we'll provide you with a bag to put the excess gear in, or both!



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----- MINI GEAR LIST: INCA TRAIL -----

- Passport:** to check-in for Classic Inca trail
- Large trekking backpack -OR- Daypack & Porter Sack** (see note above)
- Water Bottles:** at least 2 litres/quarts worth (filled with boiled, cooled water each day at breakfast – carry enough water for 24hrs).
- Sleeping bag & sleeping mat:** we provide mats if need be
- One set of walking clothes:** eg. long pants & shorts OR zip-off trousers, quick-dry t-shirt, warm thermal/fleece layer (or similar)
- One set of REALLY WARM clothes:** Nights are VERY cold! Trousers, thermal underwear, shirt, fleece/down layer.
- Pajamas/nightwear:** or similar
- Hiking boots/shoes**
- Sandals:** for around camp
- Underwear & wool socks:** about 4 sets
- Warm hat & gloves**
- Sun hat, sunglasses & sun block**
- Rain jacket**
- Swim suit & towel:** for the hot springs
- Camera:** lots of film/memory cards & spare batteries! (No electricity on the Inca Trail)
- Torch/flashlight/headlamp:** or similar
- Insect repellent**
- Toiletries:** hand sanitizer, toothbrush, toothpaste, medications, and toilet paper
- Personal First Aid Kit**
- Cash:** US\$30-40 for Inca Trail staff tips + extra for souvenirs, drinks etc (Recommended tips: US\$10 for specialist guide + US\$20 for group porters + US\$10 individual porters = US\$40; when our clients see how hard the porters work they often want to give more!)

----- MINI GEAR LIST: AMAZON JUNGLE -----

- Passport:** for Maldonado-Cuzco return flight
- Daypack:** luggage limits are very restricted
- Water bottles:** at least 1 litre/quart
- Light long pants:** 1-3 pairs
- Shorts:** 2-4 pairs
- Light long-sleeved shirts:** 2-4
- T-shirts:** 2-6
- Light fleece/sweater:** in case of cold snap
- Pajamas/nightwear:** or similar
- Sandals:** for around the lodge (rubber boots will be provided for your day hikes)
- Underwear & socks:** about 4 pairs
- Sun hat, sunglasses & sun block**
- Rain jacket**
- Camera:** lots of film/memory cards (you will be able to recharge cameras at the lodge)
- Torch/flashlight/headlamp**
- Insect repellent**
- Toiletries**
- Book:** or something to read
- Cash:** for souvenirs, drinks etc

Why the different amounts? Jungle seasons! Your trip leader will tell you about this during the trip but as a guide:

Apr-Oct = Dry Season: You can pack the minimum suggested amounts during these months.

Nov-Mar = Wet Season: We recommend bringing the maximum suggested amount during these months as it rains quite a bit in the jungle at this time of year. If it rains lots, you'll need more changes of clothes and it's better to be safe than sorry. There's every chance you'll get rained on at least once during the wet season.

----- MINI GEAR LIST: LAKE TITICACA -----

- Daypack:** for all your spare/overnight gear
- Water bottles:** 2 days worth (2-3 litre/quart)
- One set of kayaking clothes:** Shorts, t-shirt and a light fleece or thermal
- One set of dry hiking clothes:** Shorts, t-shirt and a light fleece or thermal
- One set of REALLY WARM clothes:** Nights are VERY cold! Trousers, thermal underwear, shirt, fleece/down layer.
- Pajamas/nightwear:** or similar
- Hiking boots/shoes**
- Underwear & socks:** about 4 pairs
- Broad sun hat, sunglasses & sun block**
- Rain jacket**
- Camera:** lots of film/memory cards & spare batteries! (No electricity on the island)
- Torch/flashlight/headlamp**
- Insect repellent**
- Toiletries:** just the essentials (no shower facilities on the island)
- Gifts:** for your Amantani Island family*
- Cash:** for drinks & souvenirs – Taquile Island is famous for its textiles so bring some cash if you're interested in these.

*NOTE: Gifts for the family, drinks and snacks can be bought at the port before we depart on our kayaking trip, so there's no need to bring things from home unless you want to. Please don't give sweets/candy to the children on the island. Educational items such as notepads, pens, pencils, markers and so on are greatly appreciated.