



Tortuga Gear List

PACKING NOTE! The items and amounts on this list are intended as guide for a *10-day* Tortuga trip, including doing one batch of laundry during your trip. We hope you'll also use your own common sense while packing, adjusting for your personal preferences, your overall trip length and how travel friendly your gear is. Good luck!

Essential Items

- Main piece of luggage:** a sports bag with wheels, a suitcase, a backpack or similar. Something of around ~28"/60L/4,000 inches³ is ideal. NOTE: On the first day of your trip you will be transferring your gear into an ACTIVE SA provided duffle bag and storing your main piece of luggage at your Quito hotel
- Daypack:** used for day trips and on the boat. Should be well fitting with supportive shoulder straps and a waist-strap. Should be large enough for your raincoat, fleece, camera, wallet, water and a packed lunch (~30L/2,000 inches³)
- Hiking shoes/boots:** required for day hikes. Should be sturdy, comfortable, worn-in and have a solid tread. Hiking boots are recommended for those with weak ankles
- Trail runners/running shoes:** required for cycling and casual wear
- Water sandals/tevas/keens:** or similar. For sea kayaking and to wear on the beach
- Waterproof rain jacket/shell:** a breathable shell jacket with a hood. Something which keeps you dry when active is recommended. Ponchos are unsuitable
- Sweater/fleece:** 1-2, for cooler evenings and for when you get out of the water
- Long-sleeve shirts:** 1-2, some quick dry, some cotton
- T-shirts/tank tops:** 4-5 at least, more quick dry, less cotton
- Trousers:** 2-3 pairs, some quick-dry, some casual. Zip-off ones are great!
- Shorts:** 3-4 pairs, some quick-dry, some cotton
- Socks:** enough for a week
- Underwear:** enough for a week
- Pajamas/nightwear:** or similar
- Swim suits:** 1-2, one to wear while the other is drying. For kayaking and swimming
- Travel towels:** 1-2, one to use while the other is drying. Towels are provided at most of the places we stay, but you'll still need a quick-drying towels for our water activities
- Plastic/dry bag:** useful for storing wet clothes/towels in. If you have a "dry bag" which is especially designed for kayaking and other water sports, bring it along
- Sun hat:** baseball cap, wide brim or similar
- Sunglasses:** with retainer strap if you have one
- Water bottle/bladder:** minimum 1 litre. Water refills will be available
- Alarm clock:** only some hotels have them
- Camera:** memory cards and batteries/charger. A bag to keep your camera clean & dry is great!
- Hand sanitiser:** essential for good hygiene in Ecuador
- Insect repellent:** bring more rather than less
- Sun-block:** SPF 30-45+ UVA/UVB broad spectrum is recommended. Bring more rather than less
- Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, shaving gear, feminine hygiene products etc. *[Only some hotels provide these so it's best to bring your own. Your preferred products or brands may not be available in the Galapagos, or they may be quite expensive]*
- Personal first-aid kit:** for any essential items that you know you'll need e.g. blister treatment if you are prone to blisters *[Your trip leader will carry a group first-aid kit but it's best to bring a small one of your own along just in case]*

FABRIC NOTE! We recommend quick-drying, wicking fabrics such as Patagonia capilene, Icebreaker merino, or other specially designed fabrics for this trip. They'll be handy for both the active nature of the trip and the high humidity. If you're not sure what a quick-dry fabric is, ask at your nearest outdoor store. While you can bring some cotton, denim and other non-wicking fabrics on this trip, be aware that they won't be easy to wash or dry. **We suggest bringing at least 2-3 sets of quick-dry gear per person**



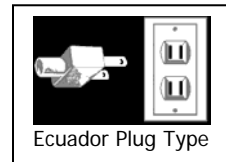
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Essential Documents

- ❑ **Passport with at least 6 months validity from date of arrival:** stored in a waterproof wallet. If you've had to obtain a new passport since you booked your trip, be sure to bring both your old and new passports with you
- ❑ **Spending money:** US\$ cash, MasterCard or Cirrus debit cards – all with pin numbers for cash withdrawals. Remember to put US\$110 cash aside for your Park Entry Fees
- ❑ **Money belt/pouch:** for safe storage of cards, valuables or larger amounts of cash
- ❑ **Air tickets and itinerary:** international and domestic air tickets and itinerary
- ❑ **Travel insurance:** your policy and the insurance emergency contact numbers
- ❑ **Scuba diver certification card:** without this you won't be allowed to scuba dive!
- ❑ **Tortuga trip itinerary:** print it to bring with you on your trip (<http://www.activesouthamerica.com/PDF/Tortuga.pdf>)
- ❑ **Tortuga trip summary:** we recommend printing Step 7 of your online booking page to bring with you on your travels as it contains our emergency hotline numbers, trip start details and other important information

Recommended Optional Items

- ❑ **Mask, snorkel or fins:** If you have your own gear that you know fits you well, please bring it along – many people feel more comfortable in the water when using their own gear
- ❑ **Cycle shorts and gloves:** if you have your own cycling shorts and cycling gloves we recommend bringing them for maximum comfort. Helmets are always provided
- ❑ **Hiking poles:** recommended for knee support and added stability while hiking
- ❑ **Thermal underwear/gloves/rash vest:** if you get cold easily while snorkeling or diving bring something along for under your wetsuit
- ❑ **Casual clothes:** if you'd like bring a nice skirt/shirt to wear out to dinner, please do!
- ❑ **Laundry detergent:** a small amount if you prefer to hand wash your technical fabrics
- ❑ **Ear plugs:** recommended for light sleepers during hotel stays
- ❑ **Energy snacks and drinks:** while snacks are provided you may like to bring some of your own along too, especially if you have a preferred brand or special dietary needs
- ❑ **Adapter plug:** if your home country doesn't use a 110V AC system and/or the plug type shown in the box, you might need an adapter
- ❑ **Binoculars:** optional but great for viewing wildlife!
- ❑ **Hairdryer:** only some hotels have them
- ❑ **Headlamp/flashlight**
- ❑ **iPod/mp3 player**
- ❑ **Pocketknife**
- ❑ **Reading materials**
- ❑ **Spare shoelaces**



Provided Items

- ❑ **Duffle bag:** due to flight and boat restrictions, you'll be provided with a zippered duffle bag of around 45 litres/2,700 cubic inches (80cm/30" x 30cm/12" x 30cm/12")
- ❑ **Mask, snorkel or fins:** if you don't have your own gear we'll provide you with whatever you need, but if you have your own we recommend bringing it along
- ❑ **Wetsuits:** snorkellers will be provided with a 3mm short length arm/leg wetsuit, and divers a 5mm full length arm/leg wetsuit. Limited sizes available for petite and extra tall
- ❑ **Mountain bike, helmet:** plus a repair kit
- ❑ **Sea kayak, paddle, life jacket and spray skirt:** plus all the necessary safety gear

GEAR NOTE! If you're not sure what any of these things are, please ask at your nearest outdoor store, or ask us. We want you as well prepared as possible for your trip - for the sake of your own comfort and safety!